

## Menu 3

5<sup>th</sup> October 2026

## Tollesbury School Menu

| Option           | Monday                                                   | Tuesday                                                                                               | Wednesday                                                                    | Thursday                    | Friday                              |
|------------------|----------------------------------------------------------|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|-----------------------------|-------------------------------------|
| Main Meal Option |                                                          |                                                                                                       |                                                                              |                             |                                     |
| A                | Tomato Pasta with Garlic Bread & Sweetcorn               | Battered Chicken, Rice, Peas and a Prawn Cracker with BBQ Sauce <u>or</u> Sweet and Sour Sauce        | Roast Gammon, Roast Potatoes, Yorkshire Puddings, Fresh Vegetables and Gravy | Mince, Mash and Peas        | Sausage, Waffles and Beans          |
| B                | Tomato and Herb Pasta Bake with Garlic Bread & Sweetcorn | Veggie Battered Chicken, Rice, Peas and a Prawn Cracker with BBQ Sauce <u>or</u> Sweet and Sour Sauce | Roast Quorn, Roast Potatoes, Yorkshire Puddings, Fresh Vegetables and Gravy  | Veggie Mince, Mash and Peas | Veggie Sausage, Waffles and Beans   |
| C                | Jacket Potato with Tuna Mayo                             | Jacket Potato with Cheese and Spaghetti Hoops                                                         | Jacket Potato with Cheese and Beans                                          | Jacket Potato with Mince    | Jacket Potato with Cheese and Beans |
| D                | Jacket Potato with Cheese                                | N/A                                                                                                   | N/A                                                                          | Jacket Potato with Cheese   | N/A                                 |
| For Dessert      |                                                          |                                                                                                       |                                                                              |                             |                                     |
|                  | Cherry Bun                                               | Pineapple Cake and Custard                                                                            | Smoothie                                                                     | Sugar Free Jelly and Cream  | Fruit Platter                       |

Yoghurts, Fresh Fruit and Salad Available Everyday

EYFS and KS1 children free of charge. KS2 children £2.60. **PAYMENT and booking should be made in advance using your ScoPay account.**

If your child has any dietary needs, please contact the school office to arrange a meeting with Chef.